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# What To Expect The Second Year: From 12 To 24 Months (What To Expect (Workman Publishing))



## Synopsis

The essential sequel to *What to Expect the First Year*, with 11 million copies in print, *What to Expect the Second Year* picks up the action at baby's first birthday, and takes parents through what can only be called "the wonder year" — 12 jam-packed (and jam-smeared) months of memorable milestones (from first steps to first words, first scribbles to first friends), lightning-speed learning, endless explorations driven by insatiable curiosity. Not to mention a year of challenges, both for toddlers and the parents who love them, but don't always love their behaviors (picky eating, negativity, separation anxiety, bedtime battles, biting, and tantrums). Comprehensive, reassuring, empathetic, realistic, and practical, *What to Expect the Second Year* is filled with solutions, strategies, and plenty of parental pep talks. It helps parents decode the fascinating, complicated, sometimes maddening, always adorable little person last year's baby has become. From the first birthday to the second, this must-have book covers everything parents need to know in an easy-to-access, topic-by-topic format, with chapters on growth, feeding, sleeping, behaviors of every conceivable kind, discipline (including teaching right from wrong), and keeping a toddler healthy and safe as he or she takes on the world. There's a developmental time line of the second year plus special "milestone" boxes throughout that help parents keep track of their toddler's development. Thinking of traveling with tot in tow? There's a chapter for that, too.

## Book Information

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Best Sellers Rank: #8,283 in Books (See Top 100 in Books) #25 in Books > Health, Fitness & Dieting > Children's Health #49 in Books > Parenting & Relationships > Parenting > Early

## Customer Reviews

Popular parenting guru Murkoff offers a sequel to her *What to Expect in the First Year* in this all-inclusive look at the toddler from 12 to 24 months. In 15 chapters the authors cover feeding, sleeping, learning, playing, health and safety, injuries and developmental disorders, discipline, and other issues with a meaty center section on behavior. The text opens with the stunning array of developmental milestones that characterize this action-packed period in a child's life, beginning at 12 to 13 months, when a toddler says two words and cruises from place to place while holding on to furniture, to 24 months when he or she can run, kick a ball, and use 50 words or more. While noting that there's a "wide range of normal," Murkoff also warns parents to "follow your gut" and check with your pediatrician if anything seems behind schedule. Murkoff covers practical matters like the importance of parents learning CPR, frequently citing professional guidelines (i.e., experts advise no TV for kids under two). She also addresses less critical topics, such as how to get a blob of oatmeal out of a toddler's hair or deal with a youngster's "wardrobe monotony." Just as expected, Murkoff offers sound advice and reassurance that will help parent and toddler stay grounded during this whirlwind period of growth and change. (May)

Heidi Murkoff is the author of the *What to Expect*® series of pregnancy and parenting books with over 38 million copies in print. She is also the creator of [WhatToExpect.com](http://WhatToExpect.com) and the *WhatToExpect* app, which reach over 18 million expecting and new parents, and the *What to Expect* Foundation, a nonprofit organization dedicated to helping at-risk moms around the world expect healthier pregnancies, safer deliveries, and healthy, happy babies.

I was reluctant to purchase this book because I was so set in the month-by-month structure that the prior "What to Expect" books were broken down in, but it's so true that at this point, every baby blossoms differently and goes through things at a different pace. So it is EXTREMELY nice to have everything broken down by topic category instead for super easy reference. I'm not even kidding, I flipped it open to the middle of the book as soon as I got it and BAM! I instantly found an answer to one of the burning questions I've been wondering about. That right there was when I had my epiphany that this book really is exactly what I needed in my life at this point. It's so nice to just flip through and read up on different topics and I still get the same reassurance that I always have gotten out of reading these awesome books. I'm SO GLAD I made the decision to go ahead and

buy it!! Even with the internet at our fingertips, there is no comparison to being able to sit down and read through a book full of up to date knowledgeable information, tips and tricks. I kept hearing "Oh you don't need those books" but fortunately I decided to give them a try anyway. I'm so glad I did! They are the best!!

Some others complain how the book isn't organized by months but by topics; I think that it's brilliant, actually. Since children all develop on different timelines, I think organizing by topic is the only way to for parents to quickly navigate the book to find the answers for which they are looking. However, most of what's in the book I have already read a dozen times online and didn't have any new information. Sure, I would still recommend it to first time parents, but it still isn't the Holy Grail like *What to Expect the First Year*.

I read through the entire "What to Expect the First Year" and found it to be very useful. I also picked up this book and it has been pretty helpful. Like others, I think that the organization is lacking, so finding exactly what you're looking for can be a lot more difficult than with the first year book.

This is a resourceful guide and reassuring book for first time parents or for those parents who are struggling with specific early toddler challenges. My toddlers are going through various struggles at 12 months and I found certain chapters to be helpful right now. I read the chapter on feeding specifically for tips on bottle weaning, cow's milk transition, food serving size suggestions, dealing with picky eaters and food allergy. Additionally, reading about milestones normal/average ranges for height, weight, talking, walking, eating, etc has really put me at ease. For parents like me whose babies are born premature or just not doing what other kids are doing at their age, this book really puts things in perspective. There's also a developmental milestone timeline from 13-24 months to help keep track of your toddler progress. It's by no means a "hard" rule, but it's very useful in gauging where your toddler will be heading. I really like how the chapters are organized into key issues rather than by age . It makes it so much easier to find what you're looking for. Overall, I highly recommend giving this a read.

I gave this book as a gift and I looked it over beforehand. It's pretty detailed, so if you're looking for something "lighter", this isn't it. This book is for the parent who really wants to be prepared.

I love these books; they are packed with helpful information, advice, and they are an easy read.

That's basically all you need in a book of this nature and it has been done well.

I have read the first two "What to Expect..." books (When You're Expecting, and The First Year). I really loved the phase-based style and down-to-earth tone of those books, so of course I bought this one. In this book, I love the information as always, but I find it a little harder to read because I'm used to seeing each month or phase in succession, and this book treats the whole 2nd year like a general phase... sort of like going from baby to toddler clothing. :) I'm now jumping around a lot in the book to find topics that are currently of interest, whereas the previous books seemed to already "know" what those topics and questions were for each phase. It's not bad really, just... different.

Very thorough and complete great insight for my grand kids development.

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